### **Community Centre Contacts**

#### **Aussie Taiso**

Contact 1300 319 373

#### **Brisbane Canary Association**

Contact Peter on 3901 0261

#### **Heart Fit**

Contact Bruce on 0408 740 543

#### Grandfriends

Contact Kindred on 3505 3029

#### **Justice of Peace Service**

Contact 3517 2424

#### **Matt Fiddes Martial Arts**

Contact Kim on 0478 100 599

#### Mint Kids Hip Hop

Contact Rochelle on 0423 767 722

#### **Model Train Club**

Contact Peter on 3901 0261

#### **Seniors Yoga**

Contact Ellen on 0402 901 358

#### Over 50s Club

Range of activities and events tailored to over 50s.

## Information and Referral Service and Forms Assistance

Need assistance linking into other services and supports or completing a form or document? Contact us on 3517 2424 to make an appointment.

# Free Personal Counselling with Change Futures

Contact us on 3517 2424 to book an appointment, available on Fridays.

#### Garden Group

Contact us on 3517 2424 if you would like to be a part of our Garden Group.

# Free Community Book and Puzzle Nook

Available to borrow at Cannon Hill Community Centre.

#### Australia Wide First Aid

Looking to gain or renew your CPR and/or First Aid Certificates? AWFA hold courses here! For bookings contact 1300 336 613.

FOR INFORMATION ON ALL
OTHER PROGRAMS LISTED IN
THIS BROCHURE, PLEASE
CONTACT US ON 3517 2424

# Cannon Hill Community Centre

# WHAT'S ON CALENDAR

#### **Cannon Hill Community Centre**

Visit: 18 Lang Street, Cannon Hill, 4170, QLD

Phone: (07) 3517 2424

**Email:** cannonhillcc@ymcaqueensland.org.au **Facebook:** facebook.com/YMCACannonHill/





# Cannon Hill Community Centre What's On Calendar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7:00am - 8:00am 8:30am - 9:30am Heart Fit Senior's Exercise Class  9:30am - 12:30pm 12:30pm - 3:30pm Sewing Space Bookings Required	7:15am - 8:15am Tai Chi School Terms Only  10:00am - 12:00pm Craft Group School Terms Only  4:00pm Matt Fiddes Martial Arts	9:30am - 10:30am Senior's Yoga Bookings Required  11:00am - 12:30pm Wellbeing Wednesday School Terms Only  Emergency Relief Food Parcels Until	7:00am - 8:00am 8:30am - 9:30am Heart Fit Senior's Exercise Class  9:30am - 12:30pm 12:30pm - 3:30pm Sewing Space Bookings Required	9:00am - 4:00pm Free Counselling With Change Futures Bookings Required  10:00am - 11:00am Grandfriends Intergenerational Program Bookings Required	9:00am - 12:00pm Model Train Club
10:30am - 12:00pm Line Dancing	MartiarArts	12pm 12:00pm - 13:00pm	10:00am - 12:00pm Bingo Buddies	11:00am - 12:30pm	SUNDAY
For Beginners & Intermediate  1:00pm - 3:00pm Justice of the Peace Service Excluding Public Holidays		Aussie Taiso - Japanese Stretching School Terms Only Bookings Required  3:45pm - 6:15pm Mint Kids Hip Hop Bookings Required	Last Thursday of the Month	Cuppa N Chat Last Friday of the Month	11:00am - 1:00pm Brisbane Canary Association 1st Sunday of the Month

#### CONTACT

**Phone:** (07) 3517 2424

**Email:** cannonhillcc@ymcaqueensland.org.au **Visit:** 18 Lang Street, Cannon Hill, 4170, QLD

#### **OFFICE HOURS**

Monday - Friday 9am - 4pm

#### **COMMUNITY EVENTS**

Check out our Facebook page or our notice board at the centre for information on events being held at the centre throughout the year!

#### **PRIVATE FUNCTIONS**

Looking for a place to have a private function, event or meeting? We have many rooms and spaces (including outdoor) available for hire.

Contact us for more information.